

## **Client Pre-Session Questionnaire**

**Please summarize the main purpose for your upcoming session:**

**Have you ever had a prior hypnosis or QHHT session in the past? If yes, please summarize the results of any prior sessions:**

**Please list the most important people in your life and their relationship to you, explaining how they currently impact your well-being:**

**What are your primary desires to take away from your upcoming session?**

**Please summarize anything of relevance you would like me to know for your upcoming session:**